

## Course Description Form

Course number and section: JPST370

Course Topic: Japanese Food Culture

Credits: 3

Instructor: Mayu Takasaki

### Course Description:

Japanese cuisine, also known as Washoku, has experienced significant recognition and popularity in recent years, particularly following its inclusion on UNESCO's list of Intangible Cultural Heritage in 2013. This course aims to provide students with a scholarly exploration of various aspects of Japanese food, spanning its historical development and contemporary manifestations. By examining the intersection of food with key dimensions of Japanese society, including its historical trajectory, global influence, sustainability efforts, and impact on health, students will gain a comprehensive understanding of Japanese culture and today's Japan.

### Tentative Reading List:

Cwiertka, Katarzyna. *Modern Japanese Cuisine: Food, Power and National Identity*. Reaktion, 2006.

Ohnuki-Tierney, Emiko. *Rice as self: Japanese Identities Through Time*. Princeton University Press, 1993.

Solt, George. *Untold History of Ramen: How Political Crisis in Japan Spawned a Global Food Craze*. University of California Press, 2014.